

Cleanse and Detoxification Support with *Energy Kinesiology*

at



Marge Bowen
Certified Energy Kinesiologist Level 3

Energy Kinesiology: A client-directed approach for identifying key body/mind issues that uses appropriate tools to create lasting, life change.

CLEANSE AND DETOXIFICATION SUPPORT

We are all exposed to toxic chemicals in the foods we eat, the air we breath and even what we think most every day of our lives. Many of us are trying to reduce our toxic load by cleansing or detoxifying our body. But how can you support your body through the detoxification period to minimize the stress on organs such as the Liver, Gallbladder, Small and Large Intestines, Kidney and Bladder?

Energy Kinesiology offers a way for you to identify the stress level of each of the organs involved in detoxification and the energy support your body needs to have each organ functioning optimal. The organs, muscles and energy channels all work together. By increasing the energy flow to the organs and muscles during detoxification, you can feel better in your body and movement.

If toxic thoughts or beliefs are a part of this, these will also be identified so that you can also mentally and emotionally support your body through this cleansing process.

When viewing detoxification in a wholistic way, it's important to address the body/mind/energy system as a whole. In this way, you can have confidence that you have done everything in your power to cleanse/detoxify.

Energy Kinesiology

Energy Kinesiology offers a powerful combination of "tools" to access our subconscious programming. These techniques will help you understand any physical, emotional and energetic blocks that are affecting your organ health, and help empower you to make changes that will support your wellbeing.

Tools are available to assist your mind/body/soul in letting go of old programs and adopting more powerful thoughts and emotions that empower you. Using Energy Kinesiology techniques, Marge Bowen can help you to support healthier wellness patterns for a better life.

Benefits of Energy Kinesiology Work:

- Obtain 100% of Organ Energy
- Greater effectiveness of the cleansing process
- Increased hydration
- Increased overall energy
- Greater mental/emotional awareness
- Increased muscle function due to the relationship with organ energy

What to Expect:

You will be lying fully clothed, on the massage table. Each detoxification organ will be assessed to determine the percentage of energy in which it's operating. Through biofeedback, your body will indicate any energy blockage existing for each organ, if subconscious emotions are involved and if new thought patterns are needed to help support function. Your body will also indicate which muscles and energy systems need to be reset to allow for greater function.

Suggested Treatment Approach:

Energy Kinesiology work requires a 4-session minimum for us to uncover key issues for change and for some clients to begin to feel the effects of the work. The number of sessions is based on the complexity of the issues as well as your motivation for change. Our sessions will last for 1 hour each week for the first 4 weeks. Further sessions may be required and will be determined on a case-by-case basis.

Fee:

\$300 package includes 4, 1- hour sessions booked within a 6-week period. All packages must be prepaid.

Booking Policy:

When you book a treatment, credit card information will be taken to hold your reservation. We will call you the day before your appointment to confirm your scheduled session. In the event that you need to cancel or reschedule your appointment, we require a phone call notice by 5:00 p.m. the day prior, or your card will be charged 50% of the scheduled services. Any appointment booked the day of service will be charged in full at the time of booking, and is non-refundable. No shows will be charged the full dollar amount for their missed appointment. Please note that scheduling an appointment is your acceptance of this policy.



Marge Bowen
Energy Kinesiologist

Marge Bowen has a BA degree and is a Certified Energy Kinesiologist, Level 3 and Licensed Massage Therapist. She began her path in the healing arts in 1998 and has continued her studies in various forms of energy healing and Kinesiology with experts from around the world. She is certified to teach Touch for Health, Kinergetics and Agape. She is immediate Past President of the Energy Kinesiology Association.

Marge has great passion for Energy Kinesiology and how it has helped clients experience positive changes and benefits to their health and performance. Marge specializes in brain integration for children and adults to help with learning and life challenges by focusing on survival mechanisms in the neurology, physiology and the emotion of the subconscious mind. She also works with women's hormonal issues, allergies, fatigue and pain.

Marge often speaks to groups about Kinesiology and how it can help people get what they want in their lives, including improved health. Marge and her family live in Midway, Utah.

Balance is a wellness-based center that offers therapeutic services, ongoing client education opportunities and natural and organic products that promote health and overall well being. We strive to provide quality care and a calming atmosphere to nurture your body, mind and spirit on the physical, mental, emotional and energetic levels.

balance 
therapeutic massage & wellness center
Relax. Revive. Explore. Learn. Grow.

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