



FENG SHUI WORKSHOP

Create Balance At Home With Feng Shui

Join us for this fun and interactive workshop where we will discuss how application of ancient Feng Shui principles can be used to create great design and energy for your home this year. You will learn how your personal energy signature, your Gua, can be used to establish better balance in your space. Guest speakers Rita Singh and Ruth Patel will offer background information and ideas that you can incorporate right away either on your own, or with their consultative approach, to shift the energies you've accumulated over the years in your current space.

This FREE Feng Shui Workshop will include:

- History of Feng Shui across cultures
- Variations in forms of Feng Shui – similarities and differences
- Understanding the Five Element Theory and its use to create harmony in your life
- Learn your “Gua” or personal energy type and how it effects your surroundings
- Practical applications of Feng Shui – understanding Chi flow and polarities
- **Tips and ideas to incorporate now to balance your home environment!**

About Rita Singh and Ruth Patel – Instructors

Rita Singh holds advanced certification in the Eight Mansion School of Feng Shui and **Flying Stars Feng Shui** from the **American Feng Shui Institute** located in Los Angeles, California. This school is run under the auspices of **Master Larry Sang**. She also practices **BTB , Black Hat Sect Western Feng Shui**. Ruth Patel has a degree in Interior Design and has headed up multi-million dollar design projects for a firm in Salt Lake City. They offer their services through their company, Feng Shui Results and Design Services. Their business offers a full array of services from the most simple do-it-yourself approach, to more complex full interior design consultative services using both Feng Shui and Interior Design principles. Their goal is to make your home a sanctuary of peace and tranquility. Details of their practice can be found at www.fengshui-results.com.

Monday, March 8th 7:00 – 8:30 p.m.

Balance – Therapeutic Massage and Wellness Center
245 W 100 S, Heber City

Please call to reserve your place as space is limited!

FREE
class

balance 
therapeutic massage & wellness center
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