

# Introduction to AromaTouch™ Technique



**Monday, March 22<sup>nd</sup>: 6:00 – 9:00 p.m.**

Looking for a natural approach to deep relaxation and enhanced health this year? Are you curious about “aromatherapy” and how to incorporate the powerful therapeutic effects of essential oils into your life? Bring a friend and join us on **Monday, March 22<sup>nd</sup> from 6:00 – 9:00 p.m.** for an evening of aromatic bliss while learning to both give and receive the new essential-oil based AromaTouch™ Technique using dōTERRA essential oils.

The AromaTouch Technique offers a well-researched and purposeful approach to applying essential oils along energy meridians points of your partner’s back and feet to help balance the nervous system, enhance your immunity and let them function for optimal health. Those who have received it regularly report more restful sleep, more calm and focus in their thinking, and reduced pain. During our class, you’ll learn about essential oils, how they are made, and how dōTERRA’s CPTG Certified Pure Therapeutic Grade™ high quality essential oils can help create a physical and emotional change in the body. You’ll leave fully relaxed, yet refreshed from this experience.

The AromaTouch Technique was developed by Dr. David K Hill, a leading expert in integrative medicine and therapeutic applications of essential oils. His technique is simple, and **something everyone can learn** to provide with confidence during a 30-40-minute session. Bring an open mind and a willingness to both give and receive this fantastic new technique during class. We’ll give you a take-home DVD so you can practice what you’ve learned and share it again with your partner or other friends and family members at home. What a perfectly healthy way to support your wellbeing!

## **\$25 Fee Per Person Includes:**

- 3-hour, hands-on training class from a Licensed Massage Therapist
- AromaTouch sampler kit including 8 essential oils and blends, Coconut oil and printed materials (\$15 value)
- AromaTouch DVD, handouts and information. (\$10 value)
- Appropriate draping materials and massage table to use during class
- **Opportunity for future savings on dōTERRA essential oils**



## **Our Instructor:**

Marty Harger has been a nationally-certified Massage Therapist since 2000. She is the owner of Balance – Therapeutic Massage and Wellness Center in Heber City, Utah, and is Certified in AromaTouch technique. Marty has worked with essential oils for more than 12 years, and exclusively uses and sells dōTERRA’s Certified Pure Therapeutic Grade essential oils in her professional practice and home healthcare. She is an Independent Product Consultant for dōTERRA and a friend of Park City Yoga Studio who looks forward to sharing these powerful oils and technique with you.

## **Park City Yoga Studio**

1662 Bonanza Drive, Park City, UT 84060

***NOTE: Due to Class Set Up, Reservations and Prepayment Required by 5:00 p.m. Friday, March 19th: Call Balance at 435-654-2532 with a credit card to hold your place in the exciting new class!***