

Biography - Marty Harger, LMT

- Personally trained by Ashiatsu Oriental Bar Therapy™ founder, Ruthie Piper Hardie in 2006.
- Graduated from the Chicago School of Massage Therapy in 2000.
- Owner of Balance – Therapeutic Massage and Wellness Center
- Practiced massage in private practice, a chiropractors office, a Pilates studio, a senior citizens center, a sports clinic, and in a home-based practice.
- Completed continuing education in Ashiatsu Oriental Bar Therapy™, Orthopedic Massage, Common Injuries, Lymphatic Drainage Therapy, and Aromatherapy.

Fee for Services

60-minute treatment.....	\$ 70.00
3-time treatment package.....	\$185.00

This Therapy is Not For Everyone

Ashiatsu Oriental Bar Therapy™ is NOT appropriate if any of the following apply to you:

- Pregnant or trying to get pregnant
- Breast implants within last nine months
- Boils, skin lesions or abscesses
- Varicose veins or extensive spider veins
- Recent eye procedures, including Lasik surgery within the last 4 days
- Any occurrence of tuberculosis, thrombosis, aneurysm, kidney disorders, irritable bowel syndrome, recent bowel or hernia surgery
- Any acute inflammatory condition such as active phlebitis or cellulitis
- Take blood thinning medications or heavy aspirin dosages
- Rib fractures or osteoporosis
- Any recent injuries, bone breaks or surgeries
- Active headache



balance 

therapeutic massage & wellness center
www.balance245.com

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Heber City, Utah 84032

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Ashiatsu
Oriental Bar Therapy™

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