



HydraFacial sessions at



A new, hydrating skincare approach that cleanses, exfoliates, extracts, and protects the skin resulting in clearer, more beautiful skin with no discomfort or downtime.

Introducing the perfect skin care approach for our dry, high-altitude climate---the HydraFacial. Whether you've enjoyed traditional facials in the past, or are looking for a more gentle alternative to microdermabrasion, you'll want to experience the new and incredibly effective HydraFacial offered exclusively at Balance in Heber City. This treatment, quite popular with celebrities and in leading spas, is a new breakthrough in aesthetic technology because it can hydrate and moisturize the skin. It is totally different from all other skin-resurfacing procedures. HydraFacial removes dead skin cells and impurities while simultaneously bathing the new skin with cleansing, hydrating, and moisturizing serums. You will feel your skin soothed, refreshed and won't feel irritated during the treatment. Plus, you can feel the effect right away.

What's the advantage of the HydraFacial?

First, Hydration is the foundation of healthy and radiant skin. Our cells cannot function optimally when they are not fully hydrated. This leads to tissue damage that ages our skin. Your tissue problems can be repaired by using the HydraFacial products that encourage healthy cell turnover, plus a mix of antioxidants, anti-inflammatories, and hydrating ingredients. The HydraFacial treatment, which is hydrating and non-irritating, can make your dark spots lighter, reduce fine lines on your face, clear acne and other redness, and also help get rid of allergy-induced puffy or peeling eyelids. Your skin will be softer and your pores will be clearer. All skin types including the most sensitive skin can easily tolerate the treatment. Julie will properly custom-blend serums for your unique skin type and conditions. Here are some of the benefits you will see from this session:

- skin feels VERY hydrated
- reduces lines and wrinkles
- improves congested and enlarged pores
- improves oily or acne-prone skin
- improves hyperpigmentation and brown spots
- tightens and firms skin
- improves texture
- helps heal sun-damaged skin
- soothing, moisturizing and non-irritating

The HydraFacial Approach

The HydraFacial is effective when received as a series of weekly treatments, followed by a monthly maintenance approach. The HydraFacial is a 30-minute treatment that often is described as feeling like a "cool paintbrush moving slowly over the face." There is no downtime afterward, so you can put on makeup and return to your normal activities after the treatment. If your skin is sensitive, you may be red for an hour or so afterward. And you should avoid the sun for a few days.

Many clients reflect that seeing visible skin refinement and an even, radiant skin tone after just one treatment. The smoothing, hydrating results can last five to seven days or even longer. A series of five treatments -- once a week -- are recommended to improve the appearance of wrinkles, fine lines, hyperpigmentation, and oily/acne-prone skin. You'll then want to maintain your results with a HydraFacial treatment at least once a month after your first series of treatments. The HydraFacial is

regularly priced at \$125 - \$210 per session in leading spas around the world. Offering the HydraFacial at Balance, we continue to offer the highest quality service at “locals” prices.

HydraFacial Services & Packages

\$60 - HydraFacial (First Session Only) Sampler: 30-Minute Initial Consultation and Experience

\$130 – Maintenance HydraFacial with Lymphatic Drainage Therapy: 60-Minute Monthly Session

\$400 – No Fuss/Just Results HydraFacial 5-Series Package: Weekly 30-Minute session including over \$210 in custom-selected skincare products for home use. (Facial Cleanser, Facial Toner, Time Warp High Intensity Serum, Rejuvenating Skin Nutrition Cream.) Must be used in 2 months.

\$600 – HydraFacial Series with Lymphatic Drainage 5-Series Package: Weekly 60-Minute session including over \$210 in custom-selected skincare products for home use. (Facial Cleanser, Facial Toner, Time Warp High Intensity Serum, Rejuvenating Skin Nutrition Cream.) Must be in 2 months.

Watch this fascinating video about the HydraFacial featured on the CBS Show “The Doctors” to see what you may expect in your session with Julie at Balance.

http://www.youtube.com/watch?v=klfj-iT1oYQ&feature=player_embedded

About Julie O’Driscoll – Master Esthetician



Julie O’Driscoll offers customized skincare treatments for clients of all ages featuring the new and unique HydraFacial. Her 17+ years of esthetics experience in area spas and private practice allow Julie to truly know the right approach for your specific skin type. She has used a variety of skincare approaches and products for her clients over the years, but has specifically chosen the HydraFacial because of the amazing results people are seeing in such a gentle approach.

Her natural curiosity for wellbeing on all levels has drawn her to study the subtle energies and inner thoughts that effect our outer selves. With her gentle, listening style, she identifies not only the appropriate approach for your skin, but may also suggest other tools to help in your healing path. Her work goes far beyond the technical knowledge of using this latest development in the skin care industry. Her studies in topics like Face Zonology and Reflexology, Angel Cards, Stress and Emotional Release Technique work add an intriguing and deeper dimension to your care. When not at Balance, Julie enjoys a thriving practice near her home in Oakley, Utah.

Balance is a wellness-based center that offers therapeutic services, ongoing client education opportunities and natural and organic products that promote health and overall well being. We strive to provide quality care and a calming atmosphere to nurture your body, mind and spirit on the physical, mental, emotional and energetic levels.

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